## **DIVING WELL RULES**

- 1. Only one person at a time is permitted on the diving board including the ladder.
- 2. Only one bounce is permitted.
- 3. Dives must be straight off the end of the board.
- 4. For your safety, cartwheels or other non-standard dives are not permitted.
- 5. Divers should swim immediately to the nearest ladder and climb out.
- 6. Hands must be above head while diving.
- 7. Swimmers are not allowed to swim under the diving boards/drop slides in the diving area except when the diving area is closed.
- 8. Children must be able to pass the deep water swim test in order to use the diving board or drop slide.
- 9. Only one person is allowed on the drop slide at one time. Person must be clearly out of the way before next user is allowed to go down.

## **WATERSLIDE RULES**

- 1. You must be 42" tall to use the slide or go down with an adult.
- 2. It is recommended that pregnant women and individuals with heart conditions refrain from using the slide.
- 3. Metal objects, eyeglasses, locker keys, metal snaps, jewelry, etc. Are not allowed on the slide.
- 4. Only one person is allowed to go down the slide at one time. No trains or waiting halfway down.
- 5. No one is permitted to go down head first.
- 6. Adults are allowed to catch a child, but must wait on the side of the pool until their child's turn. Must be an adult to do this.