

MASON CITY PARKS & RECREATION DEPARTMENT
100 S Federal Ave, #201
MASON CITY, IA 50401 // 421-3673

1st & 2nd Grade Basketball Rules – 2025

GENERAL:

1. All players will play the same amount of time each game.
2. No swearing, arguing or fighting with other players, coaches or officials – SHOW GOOD SPORTSMANSHIP.
3. Players and coaches will shake hands after each game
4. Coaches will help collect equipment at the end of play and give to official/staff.
5. Teams will play with 5 players on the court at one time.
6. If a team is short players, they can play with the players they have or pick up players from another team in their league. If they play short, the other team does not have to play short. You may not pick up players that are outside of our league or outside of the grade division your team is in. This rule does not apply in tournament games.
7. Home team will receive the ball first and possession will alternate after that – Home team noted on schedule.
8. Length of play 4–7-minute quarters with 3-minute breaks between quarters.
We will stop that clock for one minute halfway through each quarter for subs and coaching.
9. Coaches may interrupt play to correct bad habits. Learning experience – clock will not stop.
10. No official score or standings will be kept

Special Rules:

1. Half court defense will be enforced
2. Players are allowed to go over and back at center court.
3. No double teaming or trapping.
4. Man on man defense only!! Must stay within 5 feet of the player you are guarding!
5. The ball can only be stolen from the offensive player: While in the lane or passes. Can not steal ball while dribbling or possession – except in the lane!!
6. Maximum of 8 seconds in the lane
7. There will be a “8 second rule” on ball possession and putting the ball in play.
8. No shooting of fouls. All fouls will be on the floor fouls.
9. There is no fouling out, however excessive or belligerent fouling can result in temporary or permanent ejection from the game.
10. Basket height will be at 8 feet. B1 League at NICS will have extensions.
11. Will use intermediate balls or 28.5

Parents, Players & Coaches: Remember it is a youth game, a learning opportunity – not a high school or college game!! Do Not emphasize winning but rather doing your best!!

The Mason City Recreation Department's Philosophy and goals for the program:

- ☺ *Let the participants have fun*
- ☺ *Teach the participants basketball fundamentals*
- ☺ *Introduce the participants to individuals from other schools*
- ☺ *Teach each participant the importance of demonstrating good sportsmanship*
- ☺ *Introduce the participants to a competitive environment with no harm to them physically, mentally or emotionally*

Website: www.masoncity.net (Departments – Recreation – Programs – Yth Sports – Basketball)
Email: recreation@masoncity.net